

PSHCE Units

YEAR 1 – 2021-22

You do not need to teach units in the order they are listed.

You may not complete all units, any units completed need to be given to Jill Rhodes at the end of each term with completed summary sheets.

	Topic	Entry Level	Level One
Half term 1	Emotional Wellbeing	<ul style="list-style-type: none"> • 112673 – understanding mental health conditions • 112674 – coping strategies • 70297 – understanding and dealing with emotions • 105377- awareness of bullying and its effects • 108776 – produce a leaflet or poster on understanding bullying 	<ul style="list-style-type: none"> • 112695 – awareness of mental health and wellbeing • 110086 -understanding feelings unit 1 • 110088 -understanding feelings unit 2 • 110074 – bullying unit 1 • 110077- bullying unit 3
Half term 2	Judaism	All units are level one – for lower level pupils you could just focus on one unit. Or complete the topic but don't do the level one work if you feel it is too hard.	<ul style="list-style-type: none"> • 12830 – Judaism – beliefs • 12832 – the synagogue • 12833- festivals • 12837 – relationships • 12835 – life and death
Half term 3	Sex and Relationships	<ul style="list-style-type: none"> • 73474 – puberty • 111060- RSE unit 2 • 111061 – RSE unit 3 • 111063 – RSE unit 5 • 70690- sexuality and sexual orientation • 122660 – RSE unit 7 • 108823 - Relationships and consent • 88435- foetal development • OM3293 – study of contraception • OM3295 – HIV and aids • OM3294 – Transmitted infections 	<ul style="list-style-type: none"> • PSE014 – sex and relationships • 114080 – Relationships • 114745 – how to act within and relationship and communicate needs • 114564 – identity stereotyping awareness • 105567 – understanding the different strands of violence against women and girls
Half term 4	Careers Preparation	<ul style="list-style-type: none"> • PSE034 – making informed career choices • 80600 – careers and work preparation 	<ul style="list-style-type: none"> • 70286 – accessing education and training advice • 30001 – careers education and guidance
Half term 5	Gangs, county lines, exploitation	<ul style="list-style-type: none"> • 72286 – gangs and street violence • 113708 – county lines awareness • 111960 – criminal exploitation 	<ul style="list-style-type: none"> • 110091 – gang's unit 1 • 110093 – gang's unit 2 • 110094- gang's unit 3 • 112788 – county lines awareness • 114235 – criminal child exploitation

Half term 6	First Aid	<ul style="list-style-type: none">• 108643 – basic first aid• 73028 – packing first aid kits• 108727 – CPR• 84677- bleeding, fractures, shock• 84678 – burns, poisoning, choking• 92026 – child first aid	<ul style="list-style-type: none">• 75274 – first aid unit 1• 74607 – basic first aid• 75117 – first aid awareness
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