

# PSHCE Units

## YEAR 3 – 2023-24

You do not need to teach units in the order they are listed. You may not complete all units, any units completed need to be given to Jill Rhodes at the end of each term with completed summary sheets.

	Topic	Entry Level	Level One
Half term 1	Healthy lifestyles	<ul style="list-style-type: none"> <li>• 108675 – healthy lifestyles</li> <li>• 111514 – healthy eating</li> <li>• 108404- making a fruit smoothie</li> <li>• 112301 – planning and cooking healthy meals</li> <li>• 112690 – budgeting and cooking healthy meals</li> <li>• 114445 – foods around the world</li> <li>• 71138 – body image awareness</li> <li>• 83423 – body image and the media</li> <li>• 111392 – Personal hygiene.</li> </ul>	<ul style="list-style-type: none"> <li>• PSE029 – healthy lifestyles.</li> <li>• 105660 – maintaining a healthy diet</li> <li>• 110336 - budgeting and cooking healthy meals</li> <li>• 72691- body image</li> <li>• 112516- body image and the media</li> <li>• 70214- personal hygiene</li> </ul>
Half term 2	Hinduism	All units are level one – for lower level pupils you could just focus on one unit. Or complete the topic but don't do the level one work if you feel it is too hard.	<ul style="list-style-type: none"> <li>• 12842- beliefs</li> <li>• 12844 – worship</li> <li>• 12843 – personal duties</li> <li>• 12845 - festivals</li> </ul>
Half term 3	Sex and Relationships	<ul style="list-style-type: none"> <li>• 73474 – puberty</li> <li>• 111060- RSE unit 2</li> <li>• 111061 – RSE unit 3</li> <li>• 111063 – RSE unit 5</li> <li>• 70690- sexuality and sexual orientation</li> <li>• 122660 – RSE unit 7</li> <li>• 108823 - Relationships and consent</li> <li>• 88435- foetal development</li> <li>• OM3293 – study of contraception</li> <li>• OM3295 – HIV and aids</li> <li>• OM3294 – Transmitted infections</li> </ul>	<ul style="list-style-type: none"> <li>• PSE014 – sex and relationships</li> <li>• 114080 – Relationships</li> <li>• 114745 – how to act within and relationship and communicate needs</li> <li>• 114564 – identity stereotyping awareness</li> <li>• 105567 – understanding the different strands of violence against women and girls</li> </ul>
Half term 4	Careers Relationships and rights	<ul style="list-style-type: none"> <li>• 13259 – rights and responsibilities</li> <li>• PSE043- relationships and behaviour in the workplace</li> </ul>	<ul style="list-style-type: none"> <li>• 114640 - rights and responsibilities</li> <li>• PSE044 - relationships and behaviour in the workplace</li> </ul>
Half term 5	Knife and vehicle crime	<ul style="list-style-type: none"> <li>• 112360 – knife crime</li> <li>• 72539 – implications of knife crime</li> <li>• 111105 – car crime and vehicle safety</li> <li>• 78340- burglary, robbery and theft</li> <li>• 73741 – crime prevention poster</li> </ul>	<ul style="list-style-type: none"> <li>• 77042 – understanding the effects of crime</li> <li>• 77961- vehicle driver responsibility and safety</li> </ul>

<p style="text-align: center;"><b>Half term 6</b></p>	<p style="text-align: center;">Personal finance and budgeting</p>	<ul style="list-style-type: none"> <li>• PSE018 – personal finance</li> <li>• 112609- bills and spending</li> <li>• 111923 – bank accounts and saving</li> <li>• 105898 – budgeting skills</li> <li>• 108775 – furnishing a flat on a budget</li> <li>• 70482 – saving/spending on a shopping trip</li> <li>• 73587- planning a holiday</li> </ul>	<ul style="list-style-type: none"> <li>• PSE019 – personal finance</li> <li>• 108211 – preparing for my future</li> <li>• 73956- budgeting and debt</li> <li>• 113849 – budgeting for a new room</li> <li>• 110261- setting up and running a mini enterprise</li> </ul>
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