

**Medium Term Learning Plan**

Year/Group: KS3/ 4

 Course: **Rounders**

About the unit	Assessment Focus
This unit covers rounders from the basic skills to the advanced skills of gameplay.	NC levels/ Exam specification Beginners levels: 1-3 Skill Builders levels: 3-5 Advanced levels: 5-8
Key Content to be covered	Expected Learning Outcomes
<ul style="list-style-type: none"> <li>• Correct grip and swing to achieve success when batting.</li> <li>• Correct grip and stance when bowling.</li> <li>• Barrier and Collection of a ball on the ground.</li> <li>• Catching a ball correctly and safely.</li> <li>• Fielding positions both basic and advanced.</li> <li>• Basic rules of the game through umpiring and game play.</li> <li>• Pitch measurements for game play.</li> </ul>	By the end of this scheme students will be able to: <ul style="list-style-type: none"> <li>• bat with appropriate grip, stance, balance and timing</li> <li>• bowl with appropriate grip, direction and footwork</li> <li>• field by catching, retrieving and throwing</li> <li>• run to bases with appropriate calls</li> <li>• the basic rules of the game</li> <li>• the basic fielding positions, ie bowler, backstop, first to fourth base, first to third deep</li> <li>• playing a full sided game on a rounders pitch</li> </ul>
Key Skills to be developed	Key Assessment Points (evidence)
<ul style="list-style-type: none"> <li>• I know to stand in the square side on to the bowler with my batting arm behind me. I look towards the bowler and watch the ball out of their hand. I put my weight on my back foot and then, as I step forward towards the ball, I transfer my weight bringing the bat through. When I contact the ball I know which direction it is going to go. I then run to first base.</li> </ul>	Level 3 - Holds the bat correctly. Can make contact with the ball and return it to their team accurately. Has difficulty catching the ball. Level 5 – Batting and bowling stance is correct. Can place the ball in two areas of the pitch. Can catch the ball consistently.

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- When bowling know that they are bowling to the back stop's hands and not to the batter. Step forward with the opposite leg to the bowling hand and move the arm like a pendulum. Release the ball between waist and shoulder height. Step through with the back foot. This gives the ball power to pass the batter at the right height. If the batter doesn't hit it, then the back stop is able to catch it successfully without having to move much. Rarely give away a wide ball.
- When the ball is coming towards the fielder knows to use the leg as a barrier, stand and step forward to throw the ball back.
- When chasing the ball, know to place the foot on the same side as my throwing arm next to the ball. Let the ball roll into the hand, stand, turn and throw it back. When catching the ball, reach towards it with both hands (making a triangle shape with the thumbs and first fingers together). As the ball enters the hands, bring the arms towards their chest (or for a high ball back over the head), closing their hands around the ball. This takes the power off the ball speed.
- Know that when they run to a base it should be empty because they don't want the person in front to be 'run-out'. Also know that they have to stay in contact with it. Know that all batters should watch the ball and talk to each other in case they have to run or stop and not get 'run-out' by a fielder. Know that as they pass 4th base they have to make contact with it to be safe.
- Know the basic rules, how to get an opponent out and how to score a rounder. Also umpire from either position.

Level 8 – Batting bowling and fielding stance is correct. Can place the ball in variety of areas of the pitch. Is highly aware of post running and game play.

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<ul style="list-style-type: none"> <li>• Know where to stand if when on a base or fielding. Also know to move position if a left handed person is batting because they will hit the ball in a different direction.</li> <li>• In a game situation know who stays where and who covers what fielding area. E.g. The backstop covers fourth base and the bowler covers 2nd and 3rd bases. Know that 1st base stays there. That way you can have more fielders, some short and some deep.</li> </ul>	
<p><b>Language for Learning</b></p>	<p><b>Links to EBD/ personal, social and emotional needs</b></p>
<p>Tennis Balls, Cones, Bats, spoon bats, Rounders Sheets, Windballs, Rounders Balls, Pen, Whiteboard, Video Player, Digital Camera, post and base, Scoresheets, peer evaluation handouts</p>	<p><b>L1 - Is attentive and has an interest in school work.</b>  <b>L4 - Works efficiently in a group/team.</b>  <b>C3 - Only interrupts and seeks attention appropriately.</b>  <b>C4 - Is physically and verbally peaceable.</b>  <b>C5 - Respects property/equipment.</b>  <b>E5 - Is emotionally stable and shows self-control.</b></p>

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Session	Learning Objectives	Content to be covered	Suggested Pedagogy/Teaching Activities	Learning Outcomes (Assessment/ Level descriptors for this lesson)
1	Bowl with appropriate grip, direction and footwork	To bowl with appropriate grip, direction and footwork	<ul style="list-style-type: none"> <li>• Reaction pairs: In pairs - player one stands still and acts as the feeder, throwing the ball to player 2's limits from 5m.</li> <li>• Quick catch, quick feet – A stands on a line 5m apart from B</li> <li>• C stand opposite A, D opposite B.</li> <li>• Pressure catching. A throws ball up in air and shouts B, C or D as the ball start to drop. The appropriate player makes</li> </ul>	When I bowl I know that I am bowling to the back stop's hands and not to the batter. I step forward with the opposite leg to my bowling hand and move my arm like a pendulum. I release the ball between waist and shoulder height. As I do, I step through with my back foot. This gives the ball power to pass the batter at the right height. If the batter doesn't hit it, then the back stop is able to catch it successfully without having

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			<p>the catch</p> <ul style="list-style-type: none"> <li>• Keep Ball - Pupils work in 2 teams within a grid, trying to achieve a given number of catches.</li> <li>• Game 5 minute innings</li> <li>• <b>Keep Ball</b> - Pupils work in 2 teams within a grid, trying to achieve a given number of catches.</li> <li>• Players cannot move with the ball</li> <li>• If the ball is dropped, the other team then re-starts with possession</li> <li>• If the ball goes out the area, the other team then re-starts with possession</li> <li>• When a team achieves the given number of catches, the other team re-start with possession of the ball</li> </ul>	<p>to move much. I rarely give away a wide ball</p>
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			<ul style="list-style-type: none"> <li>• Individual throw &amp; catch – body, clapping</li> </ul>	
<b>2</b>	Bat with appropriate grip, stance, balance and timing	Correct grip and swing to achieve success when batting	<p>Team Rounders – running team and a ‘passing’ team. The running team run as one applying all rules relating to running. The last runner to touch 4<sup>th</sup> post shouts stop.</p> <p>Keep ups.</p> <p>Batting groups – of 4-6, the batter taps the ball back to the bowler, all rotate.</p> <p>Scatter Ball Rounders – each batter receives 4 consecutive good balls, and runs after the 4<sup>th</sup> ball has been hit/missed. The fielders stand still until this point, then aim to get all the balls back to the bowling square before the batter reaches 4<sup>th</sup> post</p>	I know to stand in the square side on to the bowler with my batting arm behind me. I look towards the bowler and watch the ball out of their hand. I put my weight on my back foot and then, as I step forward towards the ball, I transfer my weight bringing the bat through. When I contact the ball I know which direction it is going to go. I then run to first base.

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			<p>Tap to number</p> <p>Batting groups – of 4-6, a bowler, backstop, batter and fielders</p> <p>The batter taps the ball back to the bowler, all rotate</p> <p>3 VERSUS 12 AND ALL ON POSTS</p> <p>- Video performances</p>	
<b>3</b>	Field by catching, retrieving and throwing	To field by catching, retrieving and throwing	<p>Ground Fielding Relay</p> <p>Chase and return</p> <p>Chase and return to moving targets – groups of 4, A chases ball and returns to the player who moves position and calls for the ball.</p> <p>9 v 9 Rounders – all Rounders rules apply.</p>	<p>When the ball is coming towards me I know to use my leg as a barrier, stand and step forward as I throw the ball back.</p> <p>If I am chasing the ball I know to place the foot on the same side as my throwing arm next to the ball. I then let the ball roll into my hand, stand, turn and throw it back. When catching the ball I reach towards it with both hands</p>

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			Keep score and game running over lessons.	(making a triangle shape with my thumbs and first fingers together). As the ball enters my hands I bring my arms towards my chest (or for a high ball back over my head), closing my hands around the ball. This takes the power off the ball speed.
4	Run to bases with appropriate calls	To run to bases with appropriate calls	<p>10 – 20 – 30 metre shuttles in fastest time</p> <p>In 3's between 15 m place two cones and place a ball on the ground – see how many Posts the runner can shuttle to before the Postmen is out</p> <p>In 3's : 2 have to make 5 catches 10 metres apart before runner runs round a 10m x 10m square</p> <p>4 versus 4 – runner's starts on second Post whilst others try to</p>	<p>I know that when I run to a base it should be empty because I don't want the person in front of me to be 'run-out'. I also know that I have to stay in contact with it. I know that all batters should watch the ball and talk to each other in case we have to run or stop and not get 'run-out' by a fielder. I know that as I pass 4<sup>th</sup> base I have to make contact with it to be safe.</p>

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			<p>get them home safely without being out. If get out – swap over</p> <p>3 V 1 Batter – Try to get batter out at 4<sup>th</sup> post</p> <p>Whole game - 2 innings</p> <p>- Equal teams</p> <p>Bowler bowls to backstop, who throws to 1st post as if the batter has missed the ball, 1st post fielder stumps 1st post, then throws to backstop on 4th post</p> <p>Have a batter in batting square, who lets the ball pass them and run to 1st</p> <p>Repeat this but add another runner – the 1st batter starts on 2nd post as the bowler bowls, the 2nd batter misses as above, backstop throws to 1st to get live batter out, fielder throws ball to</p>	
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			<p>4th as original batter is approaching 4th post to put pressure on fielders</p> <p>Bowler bowls to backstop, who throws to 1st post as if the batter has missed the ball, 1st post fielder stumps 1st post, then throws to in-fielder on 3rd post</p> <p>Pupils play full matches with officials and official laws that govern Rounders</p>	
<b>5</b>	Bowl with appropriate grip, direction and footwork	To bowl with appropriate grip, direction and footwork	<p>Ball circle loose – players stand in a loose circle, throwing the ball underarm to other players, then move to follow the ball</p> <p>Throwing pairs – stand opposite each other, ‘bowling’ the ball over a short distance, increasing the distance while maintaining accuracy.</p>	<p>When I bowl I know that I am bowling to the back stop’s hands and not to the batter. I step forward with the opposite leg to my bowling hand and move my arm like a pendulum. I release the ball between waist and shoulder height. As I do, I step through with my back foot. This gives the ball power to pass the</p>

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			<p>Beat the ball from the bowler.</p> <p>Bowling Rounders – each fielder balls 3 consecutive balls to the batter. When the 3<sup>rd</sup> ball passes the ‘batter’ in the batting square, the ‘batter’ runs and must get to 4<sup>th</sup> post before all the balls are returned to the bowling square</p> <p>7’s – game.</p> <p>A feeds to B and A now mixes up the feed</p> <p>In 4’s – 1 bats, 1 feeds, 1 BS, 1 Umpires for No Balls.</p> <p>Backstop must attack to ball – from a deeper position</p> <p>Backstop changes angle of approach so easier to throw ball to first, second and third Post.</p> <p>Varying feeds pace</p>	<p>batter at the right height. If the batter doesn’t hit it, then the back stop is able to catch it successfully without having to move much. I rarely give away a wide ball.</p> <p>Peer assessment whilst working in pairs to give constructive advice.</p>
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			<p>In pairs - Throwing at the Post from different angles so the backstop moves and gets into right positions.</p> <p>Back stop must move onto fourth Post</p> <p>Fielders must back up back stop when fielding</p> <p>6 v 2 – The 2 bat and try and get to second Post each bat and get group home.</p> <p>FULL GAME – Keep score and game running over lessons. 2 umpires (non – participants).</p> <p>4’s – Bowler, Backstop, 1st post &amp; ‘Batter’ Batter lets ball pass them, backstop throws to 1st post player who returns ball to bowler</p>
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<b>6</b>	<p>The basic fielding positions, i.e. bowler, backstop, first to fourth base, first to third deep</p>	<p>To know the basic fielding positions, ie bowler, backstop, first to fourth base, first to third deep</p>	<p>Game – emphasis on official rules and responsibilities of each position</p> <p>Bowler, backstop, 1<sup>st</sup> base 1<sup>st</sup> deep, 2<sup>nd</sup> base, 2<sup>nd</sup> deep, 3<sup>rd</sup> base, 3<sup>rd</sup> deep 4<sup>th</sup> base, 4<sup>th</sup> deep backstop practices.</p> <p>Catchers in the middle.</p> <p>In 4's – 1 ball, 1 catcher, 3 throwers (B,C,D).</p> <p>B throws to A, A to C, C to A, A-D, D-A, A-B</p> <p>vary the feed from side to side and at speeds.</p> <p>Line passing. Throw – catch – turn – throw catch – throw – catch – turn – throw - catch at posts</p>	<p>I know where to stand if I am on a base or fielding. I also know that I have to move position if a left handed person is batting because they will hit the ball in a different direction.</p> <p>Peer assessment whilst working in pairs to give constructive advice.</p>
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<b>7</b>	Playing a full sided game on a rounders pitch.	To be able to play a full sided game on a rounders pitch	<p>Full group game of Rounders</p> <p>Triangle run – beat the ball</p> <p>Game – 3 hits each then run to 4<sup>th</sup> before balls back to bowler</p> <p>Game – emphasis on official rules and responsibilities of each position</p> <p>Play 20 ball games</p> <p>Discuss the option of using this type of game</p> <p>Play timed games</p> <p>Discuss the option of using this type of game</p> <p><b><u>Tournament</u></b></p> <p>To create, organize, officiate, time keep, and participate in a Rounders competition for themselves, other pupils, primary</p>	<p>In a game situation I know who stays where and who covers what fielding area. E.g. The backstop covers fourth base and the bowler covers 2<sup>nd</sup> and 3<sup>rd</sup> bases. I know that 1<sup>st</sup> base stays there. That way you can have more fielders, some short and some deep.</p> <p>Peer assessment whilst working in pairs to give constructive advice.</p>
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			<p>pupils etc to incorporate and identify their knowledge and understanding of the skills performed through the key stages</p> <p>To be able to use knowledge, understanding and teamwork to work with others to organise, manage, officiate and run Rounders festivals, tournaments, competitions and events in school.</p>	
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